



Montrose Boys High School Invitational Swim Meet
March 8 and 9, 2019
Montrose Community Recreation Center

Meet Format: The meet is set up as two one day meets. Each day will be scored separately. Each day will be considered its own meet and count towards CHSAA eligibility accordingly.

The intention of this meet is to create a format in which experienced varsity swimmers can compete in different challenging events, while JV swimmers can get their feet wet in shorter competitive events. Please honor this intent and do not put new swimmers in challenging events. Please feel free to put your experienced swimmers in shorter races if it benefits their development.

Location: Montrose Community Recreation Center, 16350 Woodgate Road, Montrose, CO 81401. Located behind WalMart.

Diving: 6 dives will be performed on Friday. 11 dives will be performed on Saturday. To dive 11 the diver must have a valid 11 dive list. Please do not use this meet to “try out” their new dives. Please do this in practice. **For planning purposes, you must submit your divers’ lists with your teams swim entries.** Max 4 divers per team. Divers can dive in both the Friday’s and/or Saturday’s Dive event. Each will be considered its own meet.

Entries: Athletes may compete in 2 individual and 2 relays per day. This meet will count as two meets and will be scored separately. All swimming will be timed finals. Hy-Tek Entries are encouraged and appreciated. Relays will be declared each day. **Entry deadline is noon on Wednesday, March 6th – THIS INCLUDES DIVING.**

Send entries to suziswim@gmail.com, 970.209.1005. Suzi will send you a confirmation email upon receiving your entries. If you do not receive an email your entries were not received and you will not be entered in the meet.

Distance Events: NT will not be accepted in the distance events

Scoring: You may have unlimited entries but a maximum of three individuals and two relays will score. Top 12 swimmers will score. For Individuals (16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1) and for Relays (32, 26, 24, 22, 20, 18, 14, 10, 8, 6, 4, 2). Please designate exhibition swimmers in each event. No awards.

Entry Fee: Free

Time Line:

Friday:
Warm-up 3:30-4:25pm
Meet Start 4:30pm

Saturday:
Warm-ups 8:30-9:25am
Meet Start 9:30am

We should wrap up about 12:30 on Saturday

Questions? Silas Almgren , 970 275 8250 or 970 249 6636



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Order of Events

Order of Events Friday
1) 200 Medley Relay
2) 200 Back
3) 50 Fly
4) 1000 Free Q time 13:30
5) 200 IM
6) 50 Back
7) 200 Free
8) 200 Fly
9) 100 Free
10) 100 Breast
11) 400 Free Relay
12) Diving 6 Dives
Order of Events Saturday
1) 200 Free Relay
2) 400 IM Q time 6:30
3) 50 Free
4) 100 Back
5) 200 Breast
6) 500 Free Q time 7:15
7) 100 IM
8) 50 Breast
9) 100 Fly
10) 400 Medley Relay
11) Diving 11 Dives

NT will not be accepted in the distance events